



## Are you a proud parent with a new baby?

Will your baby be 2 – 4 months old in October?

You and your baby could be a Roots of Empathy Family for the 2022-23 school year!



Roots of Empathy is a program for elementary school children. The program's goal is to increase empathy - the ability to understand how another person feels.

Research on the program proves that children participating in the Roots of Empathy program are more caring, kind, inclusive, helpful. They also show less aggression and bullying and this effect lasts over time.

### To be a Roots of Empathy Family:

- You and your baby ('Tiny Teacher') will visit a classroom nine times (once a month) over the school year with the Roots of Empathy Instructor to join the students and their classroom teacher around the "Green Blanket".
- The students learn about their own and each other's emotions by learning about your baby's emotions.
- They will celebrate your baby's milestones such as rolling over, clapping, sitting and more.

At the moment we expect to have our babies on "Green Blankets" in classrooms, however if public health or schools restrict visitors, you may be asked to participate virtually from home in our Roots of Empathy Recovery Program through photos and video.

"This is a wonderful opportunity to celebrate your child with a group of curious, thoughtful, and engaging children. Empathy is something our world could use more of and this program allows children to share their experiences and feelings in a way that connects them to others."

- Volunteer Roots of Empathy Parent, 2020-2021, Canada

*"Roots of Empathy is about changing the world, child by child."*

Mary Gordon, Founder/President, Roots of Empathy

For more information please contact: